



The Physiology of Taste (Paperback)

By Jean Anthelme Brillat-Savarin

Penguin Books Ltd, United Kingdom, 1994. Paperback. Book Condition: New. Revised ed.. 192 x 128 mm. Language: English . Brand New Book. A book without precedent, skirting the line between recipe-book, memoir, history and philosophy, Jean-Anthelme Brillat-Savarin's *The Physiology of Taste* is edited with an introduction by Anne Drayton in Penguin Classics . Brillat-Savarin's unique, exuberant collection of dishes, experiences, reflections, history and philosophy raised gastronomy to an art form. First published in France in 1825, this remarkable book reflected a new era in French cuisine: the advent of the restaurant, which gave the bourgeoisie the opportunity to select their dishes with precision and anticipation. Yet the author also gives his views on taste, diet and maintaining a healthy weight, on digestion, sleep, dreams and being a gourmand. Witty, shrewd and anecdotal, *The Physiology of Taste* not only contains some remarkable recipes, it an elegant argument for the pleasures of good food and a hearty appetite. Anne Drayton's lively translation is accompanied by an introduction illustrating the remarkable nature of this work, by a man who was not a chef or an author but a magistrate in a French provincial town. Jean-Anthelme Brillat-Savarin (1755-1825) was born in...



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