



## The Needs of Mothers With a Preterm Baby

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Taschenbuch. Book Condition: Neu. 220x150x5 mm. This item is printed on demand - Print on Demand Neuware - Expecting a healthy baby and then being confronted with a preterm neonate admitted to a new born unit requires adaptation to a frightening and stressful situation. The experience for most mothers of premature babies is like a roller coaster ride; feelings of sadness, regret, anger, powerlessness, guilt and anxiety. Unmet needs may precipitate psychological, social, physical and financial strain in the family. Identifying the experiences and needs of mothers with premature neonates will help improve the quality of health care. The goal was to assess the experiences and unmet needs of mothers with a preterm neonate in the new born unit of Moi Teaching and Referral Hospital, Eldoret, Kenya. The findings of the study demonstrated the existence of most crucial needs that mothers require when their baby is admitted. The three categories that emerged included emotional experiences, informational needs and supportive care needs. In conclusion, the aggressive management that focuses only on the baby should be directed to the mother whose needs are as equally important as their baby's. All they need is a little...



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