



Teacher high Figure - Basketball entry (real demonstration. a look to understand; normative standards. a school(Chinese Edition)

By BEN SHE

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment. Paperback. Pub Date: Unknown in Publisher: Chemical Industry Press List Price: 19.80 yuan Author: Publisher: Chemical Industry Press ISBN: 9.787.122.141.248 Yema: Revision: Binding: Folio: Published :2012 -8-1 printing time: Words: Goods ID: 22844414 Description This book will step in learning basketball decomposition dribble. move. pass the ball. shooting. steals the ball. breaking and the familiar ball exercises several parts. write the content and form of discarded complex long-winded and boring. dull preaching. the technology by the ins and outs of the real demonstration. action-by a clear interpretation. Of Introduction of Beijing Sport University basketball special teachers. launched in 1999. basketball skills illustrations. the book has been reprinted 20 times. loved by the majority of basketball fans. Directory. dribble technology level of dribble. Handoff dribble 3 crossovers. Turned dribble 5 behind the back dribble. mobile technology. Sideways ran 2. Emergency stop 3 jump Emergency stop 4. turned 5. glissade 6. retreat step 7. jumps to pass the ball technology. ball method hand chest pass bounce pass long pass 5. hook pass ball six hands chest the ball 7 to get...

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