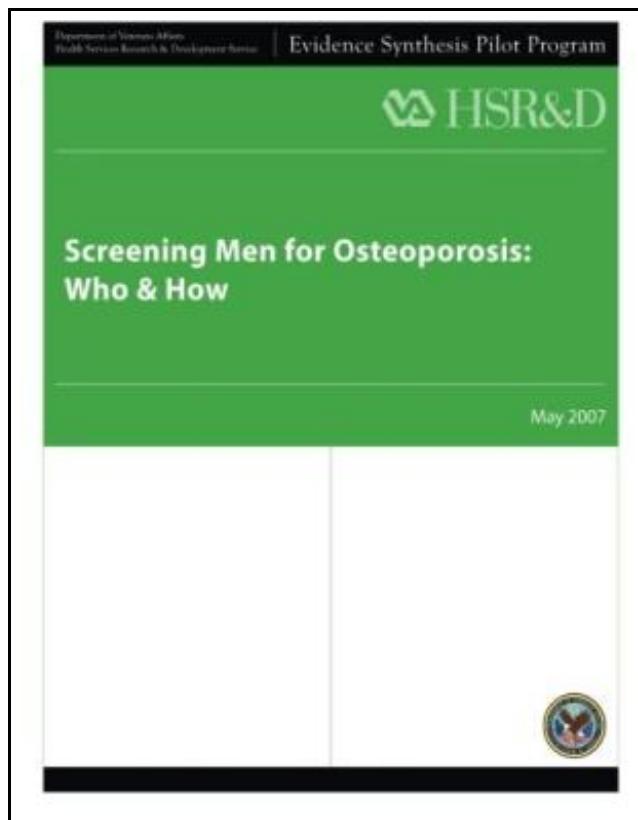


## Screening Men for Osteoporosis: Who How



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Createspace. Paperback. Book Condition: New. This item is printed on demand. Paperback. 76 pages. Dimensions: 11.0in. x 8.5in. x 0.2in. Although the Surgeon Generals recent report on osteoporosis stated that, Strong bones (are) essential to overall health and quality of life, it warned that, The bone health status of Americans is in jeopardy. Traditionally, osteoporosis was viewed as a disease of women, but it has become clear that osteoporotic fractures result in substantial morbidity, mortality, and costs in men. A 60-year old man has a 25 lifetime risk of sustaining an osteoporotic fracture. The consequences of this fracture can be severe as the one-year mortality rate in men after hip fracture is twice that of women. With the aging of the population, rates of osteoporosis in men are expected to increase nearly 50 in the next 15 years and hip fractures rates are projected to double or triple by 2040. Furthermore, annual U. S. direct medical costs for osteoporosis exceed 17 billion and are expected to increase rapidly with an aging population. The percentage of costs directly attributable to men or veterans is unclear, although 25 of hip fractures, the fracture type associated with greatest costs due to hospitalization and long-term care, occur in men. This large and growing clinical and cost burden, combined with an environment of increasingly limited health care resources, strongly underlies the need to develop rational, evidence-based osteoporosis management strategies to obtain maximum benefit for every health care dollar spent. Despite the substantial advances in our understanding of osteoporosis over the last decade, there are no consensus guidelines on the assessment and management of male osteoporosis. Although osteoporosis management strategies have been evaluated in women, much less work has been done in this area in men. Lack of research in this area has led to considerable uncertainty...

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