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## True Nature: An Illustrated Journal of Four Seasons in Solitude

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By Barbara Bash

KTD Publications. Paperback. Book Condition: new. BRAND NEW, True Nature: An Illustrated Journal of Four Seasons in Solitude, Barbara Bash, In this colourful journal, writer-illustrator Barbara Bash has re-created her chronicles of meditation and contemplative wandering during a series of solitary country retreats. Combining journal notes in calligraphy watercolour-and-pencil drawings, she captures exquisite moments of magic in the natural environment: a dragonfly's brief pause, a surprised deer in tall grass, a lumbering skunk's visit, the woods at twilight. Nature lovers, gardeners, and anyone who enjoys solitary country walks will recognise in Barbara a kindred spirit and will find hours of pleasure in these pages.



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